



KULTUR OG  
BORGERSERVICE  
Aarhus Kommune

**YEAR:  
2023**

**THEME:  
DIGITAL LIFE  
AND THE  
ENVIRONMENT**

# ACTIVE SUMMER

*in the City of Aarhus*

**SIGN-UP  
OPENS ON  
FRIDAY  
9 JUNE,  
2023**



## **LÆS OM:**

**GREEN ESCAPE ROOM  
- CAN YOU GAME YOUR  
WAY TO SUSTAINABILITY?**

**HOW TO AVOID  
FAKE NEWS**

**MEET THE DIGITAL  
POLICE**

**5 TOP TIPS ON SAFE  
BEHAVIOUR ONLINE**



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## FACTS ABOUT ACTIVE SUMMER

The ACTIVE SUMMER holiday activities are for children living in the municipality of Aarhus or attending either a public or a private school in Aarhus.

For activities with an age requirement, please refer to your age BEFORE the summer holiday. Some activities require sign-up, for others, you simply show up on the day.

Adults supervise all activities. Any equipment for an activity is available on location. If you have questions about an activity or the sign-up, please contact the responsible association, club or institution.

If you or your parents want to know more about the Active Summer program, please contact Abir Saleh, Sport & Leisure, City of Aarhus at +45 89 40 48 43, or via email: [supersommer@aarhus.dk](mailto:supersommer@aarhus.dk)

Active Summer is available in English as a result of the cooperation between the departments of Citizen Service and Sport & Leisure, City of Aarhus. You can download Active Summer as a PDF at [www.ferieaktiviteter.dk](http://www.ferieaktiviteter.dk) – Danish and English (Danish website) and in English at <https://international.aarhus.dk/> - the City of Aarhus' website for international citizens.

## Summer is holiday, a break from school, and having all the time in the world

Although I am an adult, the summer holiday is still my favorite time of year. It is a chance to hang out with family and friends, to explore, and perhaps to pick up a new hobby or two.

In this year's edition of Active Summer, you are spoiled for choice when it comes to finding things to do with your friends..

A range of our amazing associations and clubs have provided ample inspiration to showcase what the City of Aarhus has to offer. I hope you'll find something of interest! Be it something you already know, or something brand new. No matter what you choose, the clubs are a great place to meet new friends and hang out.

I want to celebrate and thank the many volunteers who provide great experiences for children and teens in safe and hearty communities. It is our passionate volunteers who keep the leisure activities alive. I am so grateful for all that you do. Safety and trust are vital to us all.

In this paper, you can read about how to safely navigate the digital universe. How to spot fake news and find information you can trust. And did you know that our excellent police force also patrols online, and that you can connect with an officer on Instagram while you are online? I had no idea and I think it's pretty awesome.

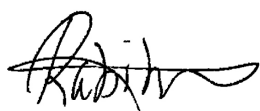
You can also read about what to do if you need help in the digital universe. If you are the victim of bullying or if you regret sharing a photo and need a confidential chat with trustworthy adults.

We also want the world to be safe. Which is why we have to take care of the environment. In Åbyhøj, two girls work with green gaming and have invented an ecofriendly escape room where you have to track down the keys for the new waste separation system. Being ecofriendly is anything but boring.

All this and much more is on offer in this year's Active Summer. Remember to check out all of the great activities. There is no reason, you and your friends should be bored this summer in Aarhus.

I wish you, your family and your friends a great, fun and safe summer. Enjoy it!

**Rabih Azad-Ahmad**  
Mayor of Culture and Citizen Service



# Sommer i UngiAarhus

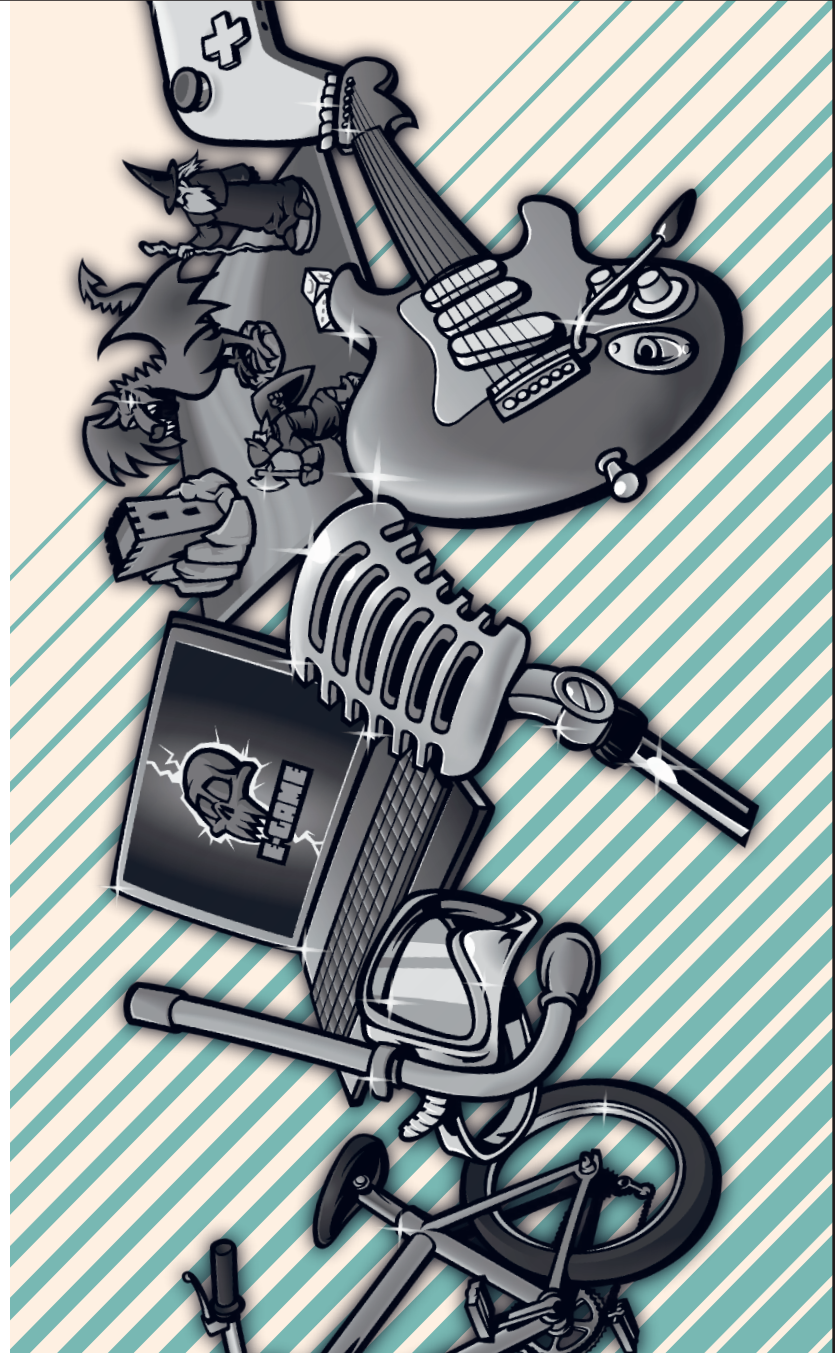
I UngiAarhus sker der lidt af hvert i løbet af sommeren, og det er for alle børn og unge fra 4. klasse til og med 18. år.

Vil du ha' den sjoveste sommer, så tjek [www.ferieaktiviteter.dk](http://www.ferieaktiviteter.dk) ud. Her samles alle aktiviteter, så følg med og se, hvornår og hvor der er noget, der er lige dig.

**BLIV INSPIRERET PÅ  
UNGI AARHUS.DK**



UNGI Aarhus



## Kan du få støtte til at betale for dit barns fritidsaktivitet?

Et fritidspas er et tilskud til at betale for dit barns svømning, fodbold, sang eller anden interesse i en forening.

Kan dit barn få et fritidspas? læs mere på:  
[aarhus.dk/fritidspas](http://aarhus.dk/fritidspas)

For at få et fritidspas må husstandens samlede indtægter ikke overstige 212.896 kr. om året. Det svarer til 90% økonomisk friplads i et pasnings- eller fritidstilbud. Som tommelfingerregel er fritidspasordningen primært til enlige forsørgere. Læs kriterierne på [aarhus.dk/fritidspas](http://aarhus.dk/fritidspas).



# Grønt escape room skal lære os at sortere affald

**Kan man game sig til bæredygtig viden? Det mener Maha og Maja fra Åbyhøj, der hver dag bygger, banker og maler på et mobilt, grønt escape room, som de kalder "Mahajas Escape Room"**

Måske har du selv prøvet et escape room eller blot hørt om det før? Et escape room er et rum, hvor deltagerne skal samarbejde om at løse en mission på begrænset tid. Mahajas Escape Room er udviklet til de store klasser og handler om at omprogrammere en maskine til affaldssortering, så den fungerer til Aarhus' nye affaldssorteringssystem. Affaldssortering kan nemlig ofte være svært at gennemskue, både for Maha og Maja, for de unge, der deltager - og ja, faktisk også for dem, der arbejder med affald til dagligt.

"Det er vores mål med projektet, at de unge ikke bemærker, at de er ved at lære noget - men at det ligesom bare sker igennem legen," fortæller Maja. "Man skal forstå affaldssystemet, før man kan løse opgaven og fuldføre escape rummet. Man skal fx forstå, hvordan gavepapir skal sorteres. Mange tror måske, at det skal sorteres som papir - men det skal jo faktisk i restaffald," forklarer hun.

For at løse missionen skal man sætte nogle SD-kort rigtigt i en kasse med affalds-piktogrammer. SD-kortene består af forskellige affaldstyper - fx gavepapir. Og så skal man altså gennem spillet prøve at forstå, hvor de forskellige typer affald skal hen. Undervejs finder man nogle koder, der åbner op til flere SD-kort. Når alle SD-kort er fundet og placeret rigtigt, og det korrekte værktøj er fundet, afslutter man spillet ved at trykke på "reset-knappen".

**Ved en masse om gaming og escape rooms-** Det mobile escape room kan pakkes så meget sammen, at det kan være i to rejsekufferter, så det er muligt at transportere det ud til skoler med offentlig transport. Og alt er pakket i genbrugsemballage.

"Vi vil gerne kunne inddrage en hel klasse samtidig," forklarer Maha og Maja om projektet, der har til hensigt at kunne bruges af folkeskolelærere i deres undervisning i 7.-9. klasse.

Maha på 24 år og Maja på 26 år har læst dramaturgi sammen på Aarhus Universitet og tog tilbage i 2021 på et kort uddannelsesophold i Georgien, hvor de bl.a. havde faget "game based learning". Det var netop her, at ideen til et escape room opstod - og det skulle handle om grøn omstilling for de unge.

"Vi har arbejdet rigtig meget i hverdagene - både sammen og hver for sig. Hvis den ene har meget travlt, arbejder den anden på projektet, og ellers laver vi det sammen," fortæller de.



Og det er ikke første gang, at de beskæftiger sig med escape rooms. De har nemlig begge været ansat i Escapist i Aarhus og ved derfor en masse om gåder og ledetråde.

Mahajas Escape Room har modtaget midler fra KlimaPuF puljen, som er et sted, man kan søge penge, hvis man har en god ide til den grønne omstilling.

Hvis du eller nogen, du kender, har en god og grøn ide, kan I søge penge her:

<https://aarhusomstiller.aarhus.dk/indsatser/klimapuf-puljen-for-lokale-groenne-faellesskaber/>





# WOULD YOU LIKE TO HAVE FUN IN YOUR SPARE TIME?

WE OFFER HELP TO ANY CHILD BETWEEN 6 AND 17 YEARS  
WHETHER IT IS MUSIC, DRAMA, SPORTS, OR DRAWING  
**YOU NAME IT!**



CITY OF  
AARHUS

## CONTACT

VAEM@AARHUS.DK

OR READ MORE ON

[WWW.FORENINGSMENTOR.DK](http://WWW.FORENINGSMENTOR.DK)

# Klip eller download en klima-nipnapper



<p><b>Bil</b></p> <p><b>Sandt eller falsk?</b></p> <p>I Aarhus Kommune står transportsektoren for 20% af den samlede CO<sub>2</sub>-udledning</p>	<p><b>Sandt eller falsk?</b></p> <p>Når du rejser alene mellem Aarhus og København, så er benzinbil og hurtigfærge den mest CO<sub>2</sub>-udledende transportform</p>	<p><b>Sandt eller falsk?</b></p> <p>En gennemsnitsdansk er spiser 1 kilo kød om ugen</p>	<p><b>Bøf</b></p> <p><b>Sandt eller falsk?</b></p> <p>Okseskød udleder ca. 30 gange mere CO<sub>2</sub> end de fleste bælgfrugter og grøntsager</p>
<p><b>Sandt eller falsk?</b></p> <p>1/3 af danskernes tøj ligger i skabet og bliver aldrig brugt</p>	<p><b>Sandt!</b></p> <p>Hurtigfærger udleder faktisk mere CO<sub>2</sub>, end de fleste tror</p>	<p><b>Sandt!</b></p> <p>Fødevarestyrelsen anbefaler, at vi skruer ned til 350 g om ugen - og op for bl.a. bælgfrugter</p>	<p><b>Sandt eller falsk?</b></p> <p>Din bærbare computer kan stå tændt i 8 år, før CO<sub>2</sub>-udledningen svarer til produktionens CO<sub>2</sub>-udledning</p>
<p><b>Bukser</b></p> <p><b>Sandt eller falsk?</b></p> <p>I midtjylland køber vi mere end 50 stykker nyt tøj til os selv - om året</p>	<p><b>Sandt!</b></p> <p>Og langt den største del af vores tøj bliver kasseret, før det bliver slidt op!</p>	<p><b>Sandt!</b></p> <p>Din brugte smartphone indeholder faktisk op mod 40 vigtige metaller, der kan genanvendes</p>	<p><b>Bærbare</b></p> <p><b>Sandt eller falsk?</b></p> <p>Din brugte smartphone indeholder vigtige metaller, som kan genanvendes</p>
<p><b>Sandt eller falsk?</b></p> <p>Det rigtige svar er 25%. Transporten er den største CO<sub>2</sub>-synder i det samlede regnskab. Hop på cyklen, bussen eller letbanen, når det er muligt</p>	<p><b>Falsk!</b></p> <p>Okseskød udleder faktisk ca. 50 gange mere CO<sub>2</sub> end bælgfrugter og grøntsager</p>	<p><b>Falsk!</b></p> <p>Så husk at reparere din elektronik i stedet for at købe nyt</p>	<p><b>Sandt eller falsk?</b></p> <p>Vi køber nemlig i gennemsnit 60 stykker nyt tøj til os selv - om året!</p>

# Fem hurtige til den digitale ekspert



Jesper Tække er lektor, Associate Professor, PhD i medievidenskab ved Institut for Kommunikation og Kultur på Aarhus Universitet og en af Danmarks førende eksperter i digitale medier.

**Findes der nogle gode råd til digital danselse, som skoleelever/skolen/forældrene kan bruge?**

Slå alle notifikationer fra (både lyd og lys) på mobilen, tabletten og computeren (drop helt noget konkret). Fortæl altid dine forældre og din lærer, hvis nogen skriver noget grimt til dig, og skriv kun pænt til andre selv og hjælp med, at der ikke er nogen i klassen, som ikke får søde beskeder og bliver inviteret med til leg og samvær. Insister på, at din mobil ikke konfiskeres af læreren, hvis ikke du forstyrrer dig selv eller andre og øv dig i at bruge din mobil fagligt i alle timer.

**Jesper, mange skoleelever får deres nyheder fra de sociale medier. Hvad kan man gøre for at skelne mellem korrekte og falske historier?**

Alt, hvad vi ved, kommer fra medierne. Vi har ikke været på månen, vi er ikke med ved fronten og har ikke selv set, at havet er fuldt med plastik. Derfor må vi altid passe på med at tro på nyheder og med dele dem uden at undersøge, om der kan være noget sandt ved dem. Man kan tale med hinanden, med sin lærer og sine forældre, men også altid selv søge og læse, hvad der står i andre medier eller opslag på sociale medier.

**Er der nogle gode kilder man kan stole på, når man laver en skoleopgave? Wiki eller andre?**

Wiki er ganske rigtig et godt medie, men for tiden er jeg som sagt mest glad for ChatGPT, der virker som et leksikon, der skriver sig selv ud fra de spørgsmål, man stiller den. Man skal dog, som jeg allerede har været inde på, tjekke alle oplysninger andre steder, fx Den Store Danske, Wikipedia og allerhelst ved at gå på biblioteket og spørge bibliotekaren efter gode bøger eller artikler eller selv søge på bibliotekets website.

**Kan man stole på ChatGPT og alle de andre digitale orakler?**

Jeg er selv meget glad for ChatGPT, som jeg bruger dagligt. Men ligesom med nyheder så skal man passe på. Jeg bruger kun ChatGPT inden for emner, jeg selv ved meget om. Derfor ved jeg også, at den ikke altid giver rigtige svar. Men jeg bruger den alligevel, fordi den næsten altid giver gode forslag til, hvordan et problem kan angribes.

**Spionerer kineserne, russerne eller andre virkelig på TikTok og de andre sociale platforme?**

Ja. Du skal have en voksen, der har forstand på det til at undersøge dine indstillinger, så de forskellige apps kun sporer så lidt som muligt. Prøv også selv at få så meget viden som muligt om, hvordan algoritmer virker, så du kan beskytte dig selv mod overvågning, men også beskytte dig mod, at algoritmerne (fx på TikTok og Instagram) kun giver dig en side af en sag (fx en nyhed), og/eller bare stjæler din tid med underholdning, som du ikke lærer noget af.



Find gratis ferietilbud med ekstra omsorg på

**socialkompas.dk**

**danmarks sjoveste trampolinpark**  
**rush**



**wipeout!**

Kom og prøv kræfter med vores populære Wipeout

Priser fra  
**125,-**  
pr. person

**Velkommen til højtflyvende oplevelser**

Sommerferien i Rush Aarhus er fyldt med de sjoveste aktiviteter for børn og unge i alle aldre. Oplev vores kæmpe store trampolinområde, slå vennerne på vores Battle Beam og prøv den populære Wipeout. Læs mere om alle sommerens aktiviteter på vores hjemmeside. Der er aktiviteter for både store og små – selv de voksne kan være med.



[www.rushdanmark.dk](http://www.rushdanmark.dk) · 86141600 · [aarhus@rushdanmark.dk](mailto:aarhus@rushdanmark.dk)  
Søren Nymarks Vej 8F-G · 8270 Højbjerg

# Falske nyheder

Nyheder giver os viden om, hvad der sker i verden. Det er vigtigt, at de nyheder vi læser, er til at stole på. Derfor arbejder journalister med nogle grundregler, og medier som DR Ultra og Børneavisen har redaktioner, der tjekker for fejl. Det har Youtube, Facebook og TikTok ikke. Mange – både børn og voksne – får i dag deres nyheder fra sociale medier. Det er positivt, at nyhederne udkommer der, hvor vi er i forvejen – fx på de sociale medier. Men nyhederne på sociale medier spreder sig med lynets hast - også selvom de måske er falske. Og det kan være et problem.

## Hvad er fake news?

(kilde: tjekdet.dk)

Fake news betyder "falske nyheder" og dækker over flere slags falske eller usande historier. Man er begyndt at bruge ordene misinformation, disinformation og malinformation i stedet for fake news eller falske nyheder.

Misinformation: En falsk nyhed deles ved en fejl. Ofte er der noget sandt i historien og den deles i god tro.

Disinformation: en falsk nyhed deles med vilje for at påvirke en debat.

Malinformation: Er hverken sand eller falsk, men udtryk for en holdning og kan f.eks. være hadtale mod en bestemt gruppe.



Det kan være svært at gennemskue et falsk billede. Pigen på billedet findes slet ikke i virkeligheden, men ligner en vi kunne møde på gaden. Billedet er lavet i Adobe Firefly.

Der kan være mange grunde til at skrive eller dele en falsk nyhed:

- For sjov. Vi ved alle, at vi skal være lidt ekstra kritiske den første april for ikke at falde for en aprilsnar, men faktisk deles der fjollede og falske historier året rundt – det er der ikke noget problem i, så længe vi ved, at de er falske, at vi ikke tror på, at de fortæller sandheden.

- For at tjene penge. Måske har du hørt om click-bait. Her lokker en sensationel overskrift dig til at klikke dig videre på en side, og som regel passer overskriften ikke helt med historiens indhold. De, der ejer hjemmesiden, tjener penge på annoncer eller på at sælge dine data videre.

- For at påvirke holdninger. Donald Trump spredte falske nyheder om Hillary Clinton op til det amerikanske præsidentvalg helt tilbage i 2016, og mange mener at det påvirkede valgresultatet.

- Ved en fejl. Rigtig mange helt eller delvist falske nyheder bliver delt, fordi vi ikke lige får læst hele historien eller tænkte os om, inden vi deler. Ved at like eller dele en historie, som vi kun har læst overskriften til, kan vi faktisk selv være med til at udbrede fake news.

**Hvorfor kan falske nyheder være et problem?**  
Fake news (disinformation) kan påvirke holdninger eller være med til at skabe frygt eller had.

Danmark er et demokrati, og det betyder, at "folket styrer". Vi har mulighed for selv at vælge og tage beslutninger, som betyder noget for vores samfund. Det er et problem, hvis de politikere, vi stemmer på, bliver valgt på baggrund af falske informationer.

Det er også et problem, hvis vi mister tilliden til hinanden, til vores politikere og medier, fordi vi bliver påvirkede af falske nyheder eller misinformation

**Vi bliver lettere påvirket til at tro på en falsk nyhed når:**

(kilde: Enigma og tjekdet.dk)

- Den kommer fra en person, vi tror på. Det kan være en lærer, en ven, en politiker, ekspert eller influencer.

- Nyheden bekræfter en holdning, vi allerede har. Når vi er enige i noget, glemmer vi at tjekke om det er sandt.

- Den vækker vores følelser. Hvis vi bliver vrede, kede af det eller kommer til at grine, reagerer vi hurtigere og glemmer at være kritiske.

- Nyheden gentages. Hvis vi hører en falsk historie igen og igen, ender vi lettere med at tro på den.

## Vidste du

At Dokk1 snart åbner et nyt medielab, hvor du kan blive klogere på fake news, prøve VR og skabe dine egne film og podcast? Det har fået navnet IRIS.

IRIS klæder børn og unge på til at forstå, hvordan de påvirkes af de mange digitale fortællinger, vi møder hver dag og hvordan de kan skabe deres egne fortællinger ved at bruge forskellige teknologier.





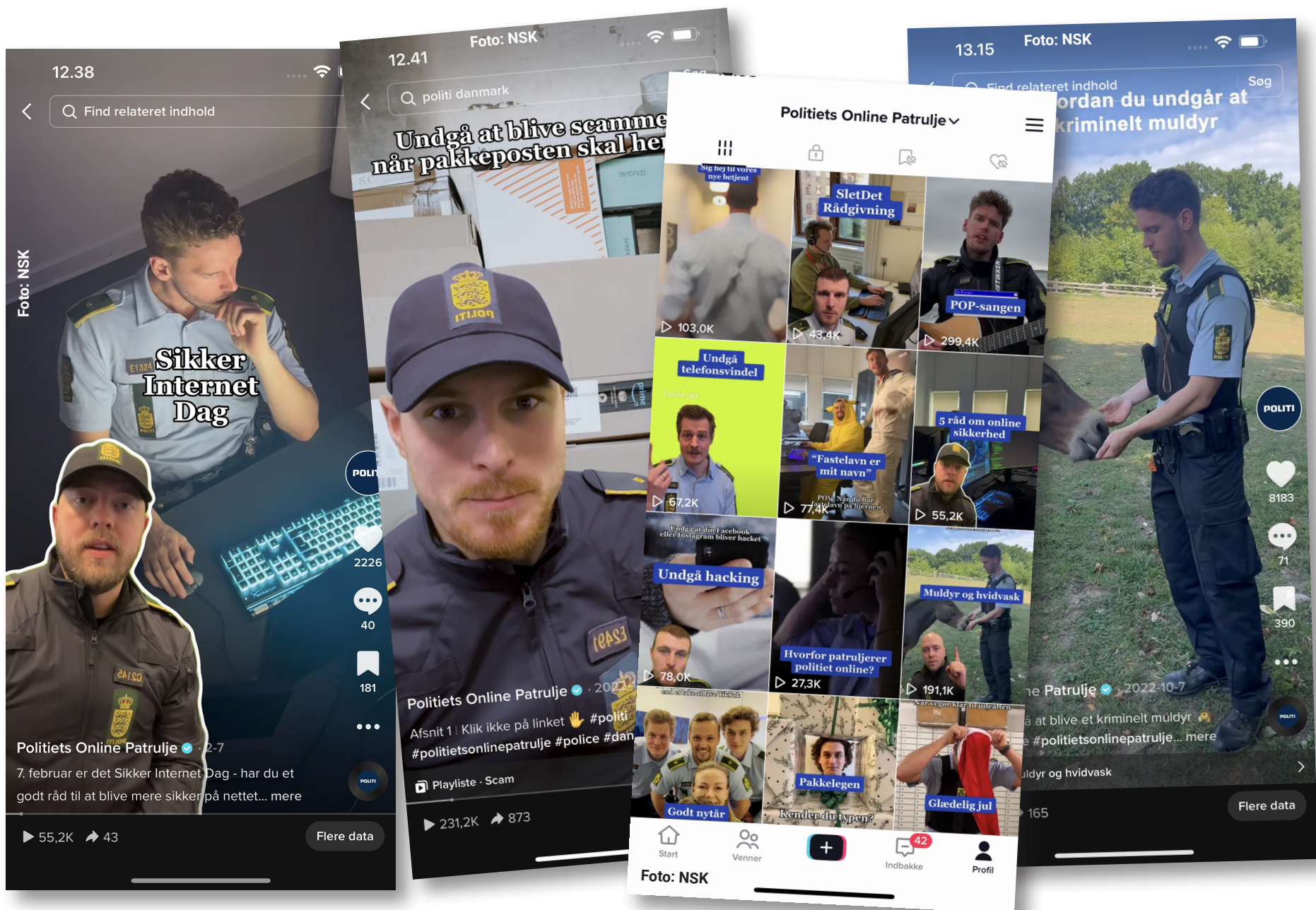
## Fup eller Fakta?

- 1) Regeringen har besluttet at redde Store Bededag og i stedet nedlægge 1. april. Det betyder, at det fremover vil være forbudt at dele aprilsnar-historier på sociale medier for at komme fake news til livs. (fup: historien stammer fra Fyens Stiftstidende den 1. april 2023 og er en aprilsnar)
- 2) På en skole i USA har man fjernet alle Harry Potter-bøger fra biblioteket, fordi man mener, at nogle af besværgelserne kan være ægte. (fakta) En skole i Nashville, USA, mener at nogle af besværgelserne kan tiltrække onde ånder. De har talt med en eksorcist – altså en der kan fordrive onde ånder, som har anbefalet skolen at skille sig af med Harry Potter-bøgerne. Historien kunne læses i flere store danske og internationale medier tilbage i 2019.
- 3) En ung mand fra USA har skudt en masse hjorte ulovligt. Som straf skal han se Disneyfilmen 'Bambi' en gang om måneden i et år. (fakta). En dommer i USA har bestemt, at det er en passende straf at se Bambi – og forhåbentlig holder den unge mand op med at skyde hjorte. Historien er helt tilbage fra 2018 og kunne læses i flere store danske og internationale medier.

Flere skoleelever har allerede afprøvet ny teknologi i IRIS. Her interviewes Fiskepigen. Hendes ansigtsudtryk styres af en person bag skærmen. Det kaldes deepfakes og bruges/misbruges i mange sammenhænge. (Foto: Dokk1)

Du kan også lave din egen podcast i det nye IRIS Lab på Dokk1 (Foto: Dokk1)





## Hvis du eller nogen, du kender, kommer i digitale problemer, er der hjælp

Har du fået delt et privat foto uden, at du har givet lov, eller du bliver afpresset eller mobbet, mens du gamer eller på SoMe, er der flere muligheder for at få hjælp. Både når du er online, eller når du er logget af.

Den digitale verden er ikke anderledes end den fysiske. Nogle typer kan ikke finde ud af at opføre sig ordentligt og behandler andre mennesker dårligt.

Men du kan få hjælp, hvis du har oplevet noget ubehageligt på nettet. Det bedste er, at du tager fat i en voksen. Dine forældre, en lærer eller en anden voksen, som du stoler på. Men der er andre muligheder.

Vidste du for eksempel, at politiet er til stede online på en lang række digitale platforme og kan kontaktes direkte i blandt andet Discord eller på Insta?

Politiet patruljerer på sociale medier, hvor de går i dialog med især børn og unge, forebygger online kriminalitet samt griber ind, hvis der foregår noget ulovligt på nettet.

Politets Online Patrulje har sin egen Facebook-side, hvor du kan komme i kontakt med Online Patruljen via Messenger, hvis du har tips om mistænkelig adfærd på internettet eller har brug for gode råd til at færdes sikkert online. Og så kan du selvfølgelig altid ringe 114. Du kan finde kontakten til Politets Online Patrulje i listen her på siden.

Hvis skaden er sket, er en anden mulighed Red Barnet, som tilbyder gratis og fortrolig rådgivning om ubehagelige oplevelser på nettet og digitale krænkelser. "SletDet Rådgivningen" hjælper børn og unge under 18 år samt forældre, pårørende og fagpersoner med at håndtere digitale krænkelser og ubehagelige oplevelser på nettet. Du kan kontakte SletDet her: [sletdet.redbarnet.dk/](https://sletdet.redbarnet.dk/)



# Her finder du hjælp fra politiet, når du er online

Her finder du en oversigt over, de platforme, som Politiets Online Patrulje pt. er til stede på. Listen bliver opdateret løbende, og du kan finde listen her:

<https://politi.dk/virksomheden/national-enhed-for-saerlig-kriminalitet/politiets-online-patrulje>

## Facebook

Navn: Politiets Online Patrulje  
Brugernavn: Onlinepatrulje

## Twitch

Navn: Politiets Online Patrulje

## TikTok

Navn: Politiets Online Patrulje  
Brugernavn: onlinepatrulje

## Instagram

Navn: Politiets Online Patrulje  
Brugernavn: Onlinepatrulje

## Reddit

Brugernavn: Politiets Online Patrulje  
User-ID: u/Online-Politiet

Foto: Rigspolitiet

# HOLIDAY ACTIVITIES

## ATHLETICS

### ATHLETICS SCHOOL

Join a week of athletics and learn to run fast, throw and jump far. Perhaps you can even run as fast as Usain Bolt or some of the other Olympic athletes? We will try all the disciplines - including hurdles, pole vault and javelin. Find out how good you can get in just five days.

**School years:** Primary - secondary school ages 7 - 14

**Organiser:** Aarhus 1900 Atletik & Løb (athletics and track)

**Place:** Viby Stadion, Skanderborgvej 224, 8260 Viby J

**Date:** 7 - 11 August

**Weekday:** Monday - Friday

**Time:** 9.00 - 13.00

**Sign-up from:** 10 June at 9.00

**Sign-up via:** [www.1900al.dk/velkommen-til-atletikskole](http://www.1900al.dk/velkommen-til-atletikskole)

**Other information:** Enrolment is first come, first served. The form is not available before 9 AM on 10 June Max 120 participants. Confirmation is not sent, but the participants' list is regularly updated from 12 June and on. Remember a packed lunch and water bottle and dress weather appropriate. Even if it is rainy and windy, we will be outside. The coaches are youth coaches from Aarhus 1900 Atletik & Løb as well as some of our older athletes, who are happy to pass on their joy of athletics.

**Transportation:** Bus to Viby Torv

## BALL GAMES AND MOVEMENT

### FOOTBALL

For all girls and boys who love football. Come and enjoy some fun hours of football with your friends. We engage in varied training and end every day with a friendly game.

**School years:** Secondary school (ages 12 - 16)

**Organiser:** Den Boligsociale helhedsplan in Frydenlund (social housing efforts)

**Place:** Multibanen (multi-purpose sports court) next to the club Musvågevej 32, 8210 Aarhus V

**Duration:** Week: 26 - 32 (from 26 July to 12 August, Saturday and Sunday only)

**Weekday:** Saturday and Sunday

**Time:** 12.00 - 16.00

**Sign-up from:** 9 June

**Sign-up via:** [tmni@aarhus.dk](mailto:tmni@aarhus.dk)

**Other information:** Bring your own water bottle and small packed lunch.

**Transportation:** Bus no. 13

### BMI SOMMERCAMP 2023 (SUMMER CAMP 2022)

Join us when BMI (local sports club) once more offers up a wide variety of exciting activities in Egelund in week 27. You can put together your own programme for the week. Try swimming, ballgames, cooking, creativity, Disc Golf and much more. The programme is published in May/June and you enrol via wannasport. Coaches and instructors are BMI volunteers. Target group (guideline): Primary to secondary school (ages 8-12) Must be able to go without the company of a parent. Morning, lunch and new activity in the afternoon. In other words, a full schedule from 9 - 15 every day in week 27 from Monday to Friday. Choose any activity you like from athletics to ballgames, tennis and much more.

**School years:** Primary to secondary school ages 8 - 12

**Organiser:** Beder-Malling Idrætsforening

**Place:** Egelund Idrætscenter (sports club) and playing fields at Malling School ( Bredgade 5, 8340 Malling)

**Duration:** 3 - 7 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** [www.wannasport.dk/p/bmi-hallen](http://www.wannasport.dk/p/bmi-hallen)

**Other information:** First come, first served - all activities have limited participant numbers. Sign-up via wannasport, where you mix your own week course.

**Transportation:** 100 to Vennelyst/Odder stops outside the club.

### BEACH VOLLEY

Learn how to play beach volley in a fun and instructive way, and discover how great it is to have an active summer. Friday, we finish off with games and a good time for the participants and their parents.

**School years:** Primary to secondary school ages 9-17

**Organiser:** Aarhus Beachvolley Club

**Place:** Vesterengvej 26A, 8200 Aarhus N

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 10.30 - 15.00 (Break from 12.30 13.00)

**Sign-up from:** 9 June

**Sign-up via:** [Aarhusbeachvolley@gmail.com](mailto:Aarhusbeachvolley@gmail.com)

**At enrolment:** State the child's name, age and parents' phone numbers.

**Other information:** No meals included in the activity.

**Transportation:** Bus no. 2a, 6a, 22 or L2

### VOLLEYBALL - FUN, GAMES AND MORE FUN

Are you ready for 5 days jam packed with fun, games and volley? At Rundhøjskolen (school) capable instructors are ready to teach you all about volleyball.

No matter if you are a rookie and have never touched a ball, or if you have tried playing volleyball before, everyone is welcome to join in the games, play and break a sweat. Come check it out in week 29 and let's play volleyball!

**School years:** Primary to secondary school ages 9 - 15

**Organiser:** IF Lyseng Volleyball

**Place:** Rundhøjhallen (gym), Holmevej 200, 8270 Højbjerg

**Date:** 17 - 21 July

**Weekday:** Monday - Friday

**Time:** 10.00 - 15.00 (Break from 12.30 13.00)

**Sign-up from:** 30 June at 8.00

**Sign-up via:** [vd@allanchristensen.dk](mailto:vd@allanchristensen.dk)

**Other information:** At enrolment, please state the child's name, age and parents' cellphone number

Remember a packed lunch, water bottle and sports wear. No meals.

**Transportation:** 2a or 17, both stop right outside the gym

### AMERICAN FOOTBALL WITH AARHUS TIGERS

American Football is a great sport packed with action and excitement. You get geared up and learn how to throw a football. You get to try tackling, blocking and catching -and of course you'll score touchdowns!

**School years:** Primary to secondary school ages 9 - 16

**Organiser:** Aarhus Tigers

**Place:** Tigers Field (Bøgeskov Idrætsanlæg - sports centre), Engelundsvej 11, 8260 Viby J

**Date:** Week 27: 3 - 7 July

Week 28: 10 - 14 July

Week 30: 24 - 28 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** [sommer@tigers.dk](mailto:sommer@tigers.dk)

**Other information:** We provide all necessary gear. All you need to bring is sports clothes and football boots/trainers. Meals are not included in the activity. Remember a packed lunch for a long and super-fun day.

**Transportation:** Bus no. 14 takes you straight there.

### FOOTBALL

For all girls and boys who love football. Come and enjoy some fun hours of football with your friends. We engage in varied training and end every day with a friendly game.

**School years:** Primary school (ages: 5 - 10)

**Organiser:** Den Boligsociale helhedsplan in Frydenlund (social housing efforts)

**Place:** Multibanen (multi-purpose sports court) next to the club Musvågevej 32, 8210 Aarhus V

**Duration:** Week: 26 - 32 (from 26 July to 12 August, Saturday and Sunday only)

**Weekday:** Saturday and Sunday

**Time:** 12.00 - 16.00

**Sign-up from:** 9 June

**Sign-up via:** [tmni@aarhus.dk](mailto:tmni@aarhus.dk)

**Other information:** Bring your own water bottle and small packed lunch.

**Transportation:** Bus no 13

### HERCULES & AFRODITE SUMMER SCHOOL - AGF GYMNASTICS

Join the annual AGF, Hercules & Afrodite Summer School Monday to Friday we have a wide variety of exciting activities for overweight and inactive children. We provide free food during the day and the children get a chance to help cook and learn what healthy everyday food is. We have competent and skilful instructors who love to play and make up new and creative activities. If you want to join, enrol in the summer school now as we have limited spots open.

**School years:** Primary and secondary school ages 5 - 12

**Organiser:** AGF Gymnastik (Gymnastics)

**Location:** Læssøesgade Skole (school), Læssøesgade 24, 8000 Aarhus C

**Duration:** 3 - 7 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** [www.agfgymnastik.dk/](http://www.agfgymnastik.dk/)

**Other information:** All meals are included. Which means your child does not have to bring a packed lunch. Usually we provide a pre-lunch snack, a hearty lunch and an afternoon snack. Please include any allergies etc. in the application form so that considerations may be made Enrolment follows the first come, first served principle. We can accommodate 30 children.

**Transportation:** Bus no. 11, 2a, 200, 22, 4a, 5a takes you close to Læssøegadeskolen

### TRY YOUR HAND AT SQUASH - THE BEST RACKED BALL SPORT IN THE WORLD!

Squash is easy to learn, intense and has been elected the world's healthiest sport a number of times AND, most importantly, it is the world's funniest sport! Try your hand at the racked game squash at Skovbakken Squash Club. Trying out various exercises, games and other activities on the squash court, you will learn the basics of squash - the rules, techniques and tactics. You get to let out steam on the squash court, and we guarantee you'll break a sweat.

**School years:** Primary to secondary school ages 7 - 12

**Organiser:** Skovbakken Squash Klub

**Place:** Skovbakken Squash Klub, Hvidkildevej 19, Risskov

**Date:** Week 26: 26 - 30 June

Week 32: 7 - 11 August

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June

**Sign-up via:** [dnn@stofanet.dk](mailto:dnn@stofanet.dk) from Friday 9 June

**Other information:** Bring a packed lunch and a water bottle. Fruit/vegetables or other light snacks will be served during the day. Bring indoor shoes with light soles and sportswear. The club provides racket, balls and protection goggles.

**Transportation:** Bus no. 6a, 15

## TRY OUT SQUASH AND RACKETBALL - TWO FUN RACKET SPORTS SURE TO GET YOUR PULSE UP AND MAKE YOU MOVE.

Squash is a fun and creative racket sport combining technique, physique and tactics. Squash is healthy and such good fun. Racketball is well-known in the USA and the fastest growing sport in the UK.

You play squash and racketball on a squash court, but you use different equipment. Using various exercises, games and other activities on the squash court, you will learn the basics of squash - the rules, techniques and tactics. You also get to try out racketball - guaranteed to make you laugh and sweat.

**School years:** Primary to secondary school ages 10 - 15

**Organiser:** Egå Squash Klub

**Location:** Gåseagervej 12, 8250 Egå

**Duration:** 31 July - 4 August

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** Email to Egå Squash Klub: info@egåsquash-klub.dk from 9 June at 8 AM

**Other information:** Bring a packed lunch and a water bottle. Fruit/vegetables or other light snacks will be served during the day. Bring indoor shoes with light soles and sports wear. The club provides racket, balls and protection goggles.

**Transportation:** Bus no. 12, 100 and 123

## COME TO BASKETBALL CAMP FOR SOME FUN AND EXCITING DAYS

Do you want to try playing basketball on your holiday?

No matter if you are a rookie or have just learned how to play basketball, we hope to see you on the court.

Our experienced coaches are ready to teach you how to play, dribble and shoot.

And there is plenty of time for fun and games too.

**School years:** Primary and secondary school ages 5 - 9

**Organiser:** BørneBasket Århus

**Place:** Frederiksbjerg Idrætscenter hal 2, F. Vestergaards Gade 5, 8000 Aarhus C

**Duration:** 24 - 26 July

**Weekday:** Monday - Wednesday

**Time:** 9.00 - 14.00

**Sign-up from:** 9 June

**Sign-up via:** www.dgi.dk/202309156025

**Other information:** Max. 35 participants.

Remember a packed lunch, water bottle, fruit and snacks as well as indoor sports clothes and shoes. At enrolment, you receive a confirmation email, and approx. 1 week before the camp begins, you will receive a participant email.

**Transportation:** Bus no. 1a, 2a, and 13 from Banegårdsp-ladsen

## BADMINTON AND GAMES FOR BEGINNERS AND LOWER INTERMEDIATE CHILDREN

Do you want to spend a week of your summer holiday learning badminton (or perhaps improving your game) and get a lot of new friends?

Then you should enrol. We mix and match indoor and outdoor activities focusing on badminton and having fun.

**School years:** Primary to secondary school ages 6 - 12

**Organiser:** BMI badminton (Beder-Malling)

**Place:** Egelund Idrætscenter, Bredgade 5, 8340 Malling

**Date:** 3 - 7 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15:00

**Sign-up from:** 12 June at 8.00

**Sign-up via:** sihah@aarhus.dk

**Other information:** First come, first served principle. When you are enrolled, you will receive a confirmation email.

Max. 40 participants. Bring indoor and outdoor shoes. Remember packed lunch and water bottle. It is possible to buy sweets and soft drinks in the cafeteria.

**Transportation:** Bus no 100

## SPORTS, GAMES AND MOVEMENT ALL DAY LONG

Come take part in a lot of different kinds of ball games, games and movement

**School years:** Primary to secondary school ages 6 - 14

**Organiser:** Liffen, Lystrup Idrætsforening (sports club)

**Place:** Lystrup Idrætscenter, Hal 2, Lystrup Centervej 102, 8520 Lystrup

**Duration:** 26 June - 14 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** Enrolment by personal attendance **Sign-up via:**

**Other information:** Bring your own packed lunch and beverages.

**Transportation:** Bus no. 16 and 18 stop right outside Lystrup Idrætscenter

## SPORTS SCHOOL FOR PHYSICALLY AND MENTALLY IMPAIRED CHILDREN AND TEENS

Once more Aarhus plays host to the Parasport's Summer School. No matter if you have joined us before or if this is your first time, we look forward to a fun week with plenty of activities. At the parasport's summer school everyone is welcome. Before the summer school begins, you can ask for a morning activity and choose between ballgames, swimming and rhythm. The sports school offers small teams of 3 - 7 participants and the same instructor who you will get to know well and who will take care of you. In the afternoon various other clubs join us and you can try new sports and meet some of the other unions in Aarhus. It is important that everyone feels safe at the Parasport's Summer School and we will do our very best to accommodate individual needs.

**School years:** ages 6 - 18

**Organiser:** Parasport Danmark

**Place:** Stensagerskolen, Janesvej 2, 8220 Brabrand

**Duration:** 4 - 7 July

**Weekday:** Tuesday - Friday

**Time:** 9.30 - 14.00

**Sign-up from:** 12 April

**Sign-up via:** form.jotform.com/parasportdanmark/aarhus

**Other information:** Enrolment and enrolment with meals take place on Parasport Denmark's website

## CIRCUS

### CIRCUS TRAINING AND SHOW

Do you love acrobatics, tightrope walking, riding a one-wheeled bike, juggling, balancing and all kinds of other circus disciplines? Do you want to create a circus act and show your friends and family what you have learned? Then this is your chance. Experienced artists and instructors from Beder Børnecirkus (children's circus) help get your act together. It is important that you can participate every day of the event.

**School years:** Primary - secondary school (ages 8 - 14)

**Organiser:** Beder Børnecirkus

**Place:** Det Blå Hus, Oddervej 80, 8270 Højbjerg

**Date:** Team 1: week 29: 17 - 20 July

Team 2: Week 31: 31 July - 3 August

**Weekday:** Monday - Thursday

**Time:** Monday - Wednesday from 9.00 to 13.00,

Thursday from 10.00 to 18.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** bbc@besked.com

**Other information:** Enrolment rests on the principle of first come, first served. Everyone will receive an email about their acceptance. We offer 60 spots. Remember a packed lunch, water bottle and indoor gym shoes.

**Transportation:** Bus no. 6a, 16, 18, 100, 103, 302

## DANCING

### TIKTOK DANCING

Learn the cool dances you know from TikTok. Together, we will do various TikTok dances and challenges, but of course, you decide if you want to post them online. You will also get to know various dance styles, such as show dancing and hiphop which often feature in the TikTok videos.

**School years:** Primary school ages 5 - 9

**Organiser:** Århus Sportsdancerforening (ballroom dancing union)

**Place:** Arresøvej 43, 8240 Risskov

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 9.00 - 12.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** http://aarhusdans.dk/aktiv-sommer-2023/

**Other information:** Bring a water bottle and snack lunch as well as indoor shoes.

**Transportation:** Letbanen (the right rail) and many buses stop nearby.

## BREAK - LEARN THE COOLEST TRICKS FROM DENMARK'S TOP BREAKERS

You get to learn break from some of Denmark's coolest break dancers.

You get to dance and learn some badass tricks. We teach the basic techniques of break dancing as well as some of the latest moves.

**School years:** Primary school ages 5 - 9

**Organiser:** Århus Sportsdancerforening (ballroom dancing union)

**Place:** Arresøvej 43, 8240 Risskov

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 9.00 - 12.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** aarhusdans.dk/aktiv-sommer-2023/

**Other information:** Bring a water bottle and snack lunch as well as indoor shoes.

**Transportation:** Letbanen (the right rail) and many buses stop nearby.

## HIP-HOP/SHOW DANCE

You get to dance hip-hop and show dance with some of Denmark's best dancers as your instructors. Prepare for loads of fun and busting moves to cool hits.

**School years:** Primary school (ages 7 - 11)

**Organiser:** Århus Sportsdancerforening (ballroom dancing union)

**Place:** Arresøvej 43, 8240 Risskov

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 12.30 - 15.30

**Sign-up from:** 9 June at 8.00

**Sign-up via:** aarhusdans.dk/aktiv-sommer-2023/

**Other information:** Bring a water bottle and snack lunch as well as indoor shoes.

**Transportation:** Letbanen (the right rail) and many buses stop nearby.

## DANCE-MIX - A VARIED INTRODUCTION TO THE DANCE STYLES LATIN, BALL-ROOM, HIP-HOP AND SHOW DANCE

Dance-mix is developed by the five-time world champions Kristina and Peter Stokkebroe and is an introduction to the styles latin, ball-room, hip-hop and show dance.

To make sure the lessons are fun and varied, you get to learn little series of each style, providing great posture, strong muscles, flexibility and strength, thereby increasing your understanding of dance.

**School years:** Primary school ages 5 - 9

**Organiser:** Århus Sportsdancerforening (ballroom dancing union)

**Place:** Arresøvej 43, 8240 Risskov

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 12.30 - 15.30

**Sign-up from:** 9 June at 8.00

**Sign-up via:** aarhusdans.dk/aktiv-sommer-2023/

**Other information:** Bring a water bottle and snack lunch as well as indoor shoes.

**Transportation:** Letbanen (the right rail) and many buses stop nearby.

## CREATIVE DANCING

Do you want to try modern dancing? We play our way through ballet and modern dance moving to great music and having fun together. Along the way, we create a show for the parents to see on Friday.

**School years:** Primary school (ages 5 - 8)

**Organiser:** Teaterhuset Filuren (theatre and dance school)

**Place:** Brobjergskolen, Valdemarsgade 1, 8000 Aarhus C

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 13.00 - 15.00

**Sign-up from:** Enrolment opens 9 June at 8 AM. 13 June we draw lots for the places and then you receive an email about whether you have a spot or are on your waiting list.

**Sign-up via:** <https://filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger>

**Other information:** Once the courses are filled, you will receive an email about meals, clothing and other practicalities.

**Transportation:** Brobjergskolen is located near Park Allé and the central railway station.

## CREATIVE DANCING

Do you want to try modern dancing? We work with the tools of ballet transferring them to modern dancing and techniques. We sweat, laugh and make new friends while the music plays. Friday parents and siblings are invited to a work demonstration to see, what you have learned.

**School years:** Primary to secondary school ages 9 - 13

**Organiser:** Teaterhuset Filuren (theatre and dance school)

**Place:** Brobjergskolen, Valdemarsgade 1, 8000 Aarhus C

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 9.00 - 12.00

**Sign-up from:** Enrolment opens 9 June at 8 AM. 13 June we draw lots for the places and then you receive an email about whether you have a spot or are on your waiting list.

**Sign-up via:** <https://filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger>

**Other information:** Once the courses are filled, you will receive an email about meals, clothing and other practicalities.

**Transportation:** Brobjergskolen is located near Park Allé and the central railway station.

## MODERN DANCING

Do you want to try modern dancing? Using the techniques of classic ballet, we work with bodily expressions and choreography. We break a sweat and have fun with out new friends while we dance to crazy music. On Friday, an invited audience gets to see the fruit of our labours.

**School years:** Secondary school ages 12 - 15

**Organiser:** Teaterhuset Filuren (theatre and dance school)

**Place:** Brobjergskolen, Valdemarsgade 1, 8000 Aarhus C

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 10.00 - 14.00

**Sign-up from:** Enrolment opens 9 June at 8 AM. 13 June we draw lots for the places and then you receive an email about whether you have a spot or are on your waiting list.

**Sign-up via:** [filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger](https://filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger)

**Other information:** Once the courses are filled, you will receive an email about meals, clothing and other practicalities.

**Transportation:** Brobjergskolen is located near Park Allé and the central railway station.

## BALLET, DANCE AND FUN FOR GIRLS AND BOYS

Time to dance classical ballet, modern dance and jazz. You'll work hard and work up a sweat, but most of all, you'll have fun!

**School years:**

Week 26: 26 30 June (primary to secondary school) (ages 6 - 12)

Week 31: 31 July - 4 August (ages 8-14)

**Organiser:** Ballet Akademiet

**Place:** Mejlgade 44B, 8000 Aarhus C

**Date:** Week 26: 26 30 June (primary to secondary school) (ages 7 - 12)

Week 31: 31 July - 4 August Primary - Secondary (ages 9 - 14)

**Weekday:** Monday - Friday

**Time:** 9.30 - 13.30

**Sign-up from:** 9 June

**Sign-up via:** [ballet@balletakademiet.dk](mailto:ballet@balletakademiet.dk)

**Other information:** First come, first served principle. Send an email stating the full name, age, mobile number, email.

Bring your own packed lunch, snacks and water bottle

**Transportation:** Bus and Letbanen (the light rail)

# GYMNASTICS

## CHEERLEADING VIBY WEEK 26 (MORNING + AFTERNOON) - AARHUS TIGERS CHEERLEADERS

Do you want to try your hand at acrobatic lifts, trampoline and tumbling and dancing? Then you should try out cheerleading with Aarhus Tigers Cheerleaders!

You will be challenged and learn a lot of new skills while meeting new friends in a sport that is dependent on teamwork and trust.

The culmination of all your hard-earned lessons is when we put on a show for the parents on the last day.

Maybe you have watched cheerleading on TV, maybe you have tried it before, or maybe you have simply heard about it? In any case, we are looking forward to teaching you what the sport is all about and how to get exercise and have fun at the same time.

**School years:** Primary to secondary school ages 6 - 15

**Organiser:** Aarhus Tigers Cheerleaders

**Place:** Viby Skole, Kirkevej 2, 8260 Viby J

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** Morning from 9.30 - 12.00

Afternoon from 12.30 - 15.00

**Sign-up from:** 9 June at 16.00

**Sign-up via:** Tigers' website: [www.aarhustigerscheerleaders.dk](http://www.aarhustigerscheerleaders.dk)

**Other information:** Remember fruit or other snacks and a water bottle for water or squash. Dress practical in sports clothes and indoor trainers.

**Transportation:** Any local buses going to Viby Torv can be used.

## CHEERLEADING VIBY WEEK 31 (MORNING + AFTERNOON) - AARHUS TIGERS CHEERLEADERS

Do you want to try your hand at acrobatic lifts, trampoline and tumbling and dancing? Then you should try out cheerleading with Aarhus Tigers Cheerleaders! You will be challenged and learn a lot of new skills while meeting new friends in a sport that is dependent on teamwork and trust.

The culmination of all your hard-earned lessons is when we put on a show for the parents on the last day.

Maybe you have watched cheerleading on TV, maybe you have tried it before, or maybe you have simply heard about it? In any case, we are looking forward to teaching you what the sport is all about and how to get exercise and have fun at the same time.

**School years:** Primary to secondary school ages 6 - 15

**Organiser:** Aarhus Tigers Cheerleaders

**Place:** Viby Skole, Kirkevej 2, 8260 Viby J

**Date:** 7 - 11 August

**Weekday:** Monday - Friday

**Time:** Morning from 9.30 - 12.00

Afternoon from 12.30 - 15.00

**Sign-up from:** 9 June at 16.00

**Sign-up via:** Tigers' website: [www.aarhustigerscheerleaders.dk](http://www.aarhustigerscheerleaders.dk)

**Other information:** Remember fruit or other snacks and a water bottle for water or squash. Dress practical in sports clothes and indoor trainers.

**Transportation:** Any local buses going to Viby Torv can be used.

## TRAMPOLINE AND TUMBLING IN SUPERB SURROUNDINGS

For the energetic kids this is a unique opportunity to be taught by some of Denmark's most skilful gymnasts at Aarhus Springcenter (Gymnastics Centre) in Risskov. Your days are packed and the surroundings sublime, containing everything you heart desires when it comes to trampolines and tools, so if you want to learn how to do somersaults and back-flips this is the place to be.

**School years:** Primary school (ages: 5 - 10)

**Organiser:** TeamGym Aarhus

**Place:** Springcenter Aarhus, Hvidkildevej 11, 8240 Risskov

**Date:** 3 - 7 July

**Weekday:** Monday - Thursday

**Time:** 9.00 - 13.00

**Sign-up from:** 9 June

**Sign-up via:** [tga.dk](http://tga.dk) and choose "event"

**Other information:**

Team 1: Monday - Tuesday

Team 2: Wednesday and Thursday

TeamGym Aarhus will provide fruit and biscuits. It is important that you dress in clothes that allow for you to move and bring your own water bottle.

**Transportation:** Bus no. 1a, 13, 15, 100, 121, 122, 123

## TRAMPOLINE AND TUMBLING 1

Learn how to use the trampoline, do back handsprings and somersaults.

**School years:** Primary to secondary school ages 6 - 14

**Organiser:** DGI Huset Aarhus (Danish Sports Association)

**Place:** Værkmestergade 17, 8000 Aarhus C

**Date:** Week 27: 3 - 7 July

Week 28: 10 - 14 July

Week 30: 24 - 28 July

Week 31: 31 July - 4 August

**Weekday:** Monday - Friday

**Time:** 9.00 - 12.00

**Sign-up from:** 14 June at 11.00

**Sign-up via:** Enrolment ONLY via the DGI booking system, you will find the link at [www.dgi-huset.dk](http://www.dgi-huset.dk). We accept no bookings or enrolments via telephone, email or personal applications.

**Other information:** Meals are not included in the activity.

**Transportation:** All local bus routes can be used.

## TRAMPOLINE AND TUMBLING 2

Learn how to use the trampoline, do back handsprings and somersaults.

**School years:** Primary to secondary school ages 6 - 14

**Organiser:** DGI Huset Aarhus (Danish Sports Association)

**Place:** Værkmestergade 17, 8000 Aarhus C

**Date:** Week 27: 3 - 7 July

Week 28: 10 - 14 July

Week 30: 24 - 28 July

Week 31: 31 July - 4 August

**Weekday:** Monday - Friday

**Time:** 13.00 - 16.00

**Sign-up from:** 14 June at 11.00

**Sign-up via:** Enrolment ONLY via the DGI booking system, you will find the link at [www.dgi-huset.dk](http://www.dgi-huset.dk). We accept no bookings or enrolments via telephone, email or personal applications.

**Other information:** Meals are not included in the activity.

**Transportation:** All local bus routes can be used.

## AGF GYMNASTIK (GYMNASTICS SUMMER SCHOOL)

Join us for an active week of fun and challenging sports. We will do anything from tumbling about to gymnastics, outdoor activities, ball games, excursions and much more. Once more, instructors from AGF Gymnastics' summer school are ready to provide an unforgettable week for 130 children.

**School years:** Primary to secondary school ages 6 - 12

**Organiser:** AGF Gymnastik (Gymnastics)

**Location:** Marselisborg Gymnastikcenter (gym centre), Dalgas Avenue 12, 8000 Aarhus C

**Date:** 3 - 7 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June at 8.00

**Sign-up**

**via:** Sign-up via AGF Gymnastics' website: <https://www.agfgymnastik.dk/>

**Other information:** The children must bring their own packed lunches for the day, and weather appropriate clothes as many activities take place outdoors. Enrolment by the first come, first served principle - we have 130 spots open.

**Transportation:** Bus no.: 5A, 16, 17, 18, 100, 103 and 302

## HORSES

### HORSE AND RIDING

Do you love horses too? This is your chance to spend an entire week around the horses at Sabro Rideklub. The week will be jam-packed with learning about, being with and grooming the horses. You will also get to ride the horses every day.

**School years:** Primary to secondary school ages 5 - 16

**Organiser:** Sabro Rideklub (Riding Club)

**Place:** Grønvej 110, 8471 Sabro

**Date:** Week 27: 3 - 7 July

Week 29: 17 - 21 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 13.30

**Sign-up from:** 14 June between 9 and 12

**Sign-up via:** [hestepleje@gmail.com](mailto:hestepleje@gmail.com)

The email MUST contain the following information: The child's name, age, experience with horses/riding, contact phone no. and email and which week/s you apply for.

If you have been accepted, you receive an email as soon as possible after the last day of enrolment.

**Other information:** Meals and drinks not included. Enrolment is only valid if it is received in the allotted time frame on 14 June between 9 - 12 and contains name, age, experience with horses/riding, parent's phone number and what week you want to participate. 12-person limit per week.

Participants bring their own food and beverages. Bring clothes that can get dirty, closed shoes only as well as a riding helmet or bicycle helmet.

**Transportation:** Bus no. 14 or 114

## MARTIAL ARTS

### TRY KARATE FOR A WEEK AT ÅRHUS KARATE SCHOOL

You will find that your general well-being improves. You will improve your concentration, your physical fitness and you will be better able to deal with everyday challenges. You'll learn self-defence, fall techniques, martial arts and have great fun all week long.

For more information, please visit [www.aarhus-karate-skole.dk](http://www.aarhus-karate-skole.dk).

**School years:**

Team a: Primary school (ages: 6 - 11)

Team b: Secondary school ages 12 - 16

**Organiser:** Århus Karate Skole (karate school)

**Place:** Bodøvej 211, 8200 Aarhus N

**Date:** 7 - 11 August

**Weekday:** Monday - Friday

**Time:** Team a: 9.00 - 10.30

Team b: 10.30 - 12.00

**Sign-up from:** 9 June at 8.00

**Sign-up via:** [kimlyngholm@live.dk](mailto:kimlyngholm@live.dk)

or via text message at +45 29 23 40 11 (remember to include your email address in the text message as all replies go out via email)

**Other information:** Limited enrolment - the first 20 for each team are contacted directly via email. Show up in your gym wear. No meals, but you can bring a water bottle. If you want to see the club before the summer holiday, you are welcome to stop by on Tuesdays and Thursdays at 5 PM. Team a trains at 9 to 10.30AM and team b at 10.30 to 12.

**Transportation:** Bus no. 2a. There are also many free parking spots outside the club.

### WRESTLING SCHOOL 1

Wrestling is one of the oldest sports in the world.

Try out the great fun fight, which also focuses on playing and learning. At the Wrestling school, we focus on having fun. We do warm-up exercises before wrestling and we focus on motor skills, but above all else it's about having fun! Playing makes us good at wrestling. We always finish off the day wrestling where you practice courtesies and winning/losing.

**School years:** Primary school (ages: 5 - 11)

**Organiser:** Brydeklubben Thrott (wrestling club)

**Place:** Åby Skole (school), Åbyvej 80, 8230 Åbyhøj

**Duration:** 26 - 27 June

**Weekday:** Monday - Tuesday

**Time:** 9.00 - 14.00

**Sign-up from:** 9 June at 9.00

**Sign-up via:** [brydeklubben@thrott.dk](mailto:brydeklubben@thrott.dk)

**Other information:** Remember packed lunch and water bottle. We confirm your enrolment within 7 days.

**Transportation:** Bus no 12

PRØV KRÆFTER  
MED VORES  
FORHINDRINGSBANE



# SVØM, DYK OG LEG

## TAG HELE FAMILIEN MED I GELLERUPBADET I SOMMERFERIEN

Når sulten melder sig, kan I spise jeres medbragte mad i opholdsrummet med udsigt over svømmehallen.



DER ER GRATIS IS TIL BØRNENE  
EFTER SVØMMETUREN

FIND SOMMERENS ÅBNINGSTIDER  
PÅ [WWW.GELLERUPBADET.DK](http://WWW.GELLERUPBADET.DK)

vi gir byen puls.dk

Gellerupbadet

## WRESTLING SCHOOL 2

Wrestling is one of the oldest sports in the world. Try out the great fun fight, which also focuses on training your motor skills, playing and learning.

**School years:** Primary school (ages: 5 - 11)

**Organiser:** Brydeklubben Thrott (wrestling club)

**Place:** Åby Skole (school), Åbyvej 80, 8230 Åbyhøj

**Duration:** 28 - 29 June

**Weekday:** Wednesday - Thursday

**Time:** 9.00 - 14.00

**Sign-up from:** 9 June at 9.00

**Sign-up via:** brydeklubben@thrott.dk

**Other information:** Remember packed lunch and water bottle. We confirm your enrolment within 7 days.

**Transportation:** Bus no 12

## AIKIDO IS MORE THAN JUST SELF-DEFENCE

Learn how to take care of yourself. Learn how to fall without hurting yourself. Learn how to keep those who threaten you at bay. Learn to avoid bullying and to not be provoked. You get to build up your confidence and courage. You grow strong in a new way. Our training is based on a Japanese martial art form called AIKIDO - which means "a way to harmony in life".

**School years:** Primary to secondary school ages 6 - 15

**Organiser:** Ki-Kai, Aarhus

**Place:** Møllevangsskolen (school), Møllevangs Allé 20, 8210 Aarhus V

**Duration:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 12.00 - 15.00

**Sign-up from:** 9 June

**Sign-up via:** sorenz63@gmail.com

**Other information:** We are usually able to fit all applicants. Bring light training clothes. A water bottle and some snacks.

**Transportation:** Bus no 13

## MARTIAL ARTS SUMMER SCHOOL

Thai/kick-boxing is a week's worth of training on The Colosseum's own premises. We will incorporate elements from Thai/Kick-boxing, working

with kick and punch techniques. There will be time for playing, outings and lots of fun.

**School years:** Primary to secondary school ages 10 - 15

**Organiser:** The Colosseum

**Place:** Mejlgade 36 A, basement, 8000 Aarhus C

**Date:** Week 27: 3 - 7 July

Week 28: 10 - 14 July

**Weekday:** Monday - Friday

**Time:** 9.00 - 15.00

**Sign-up from:** 11 June at 8 AM

**Sign-up via:** Personal attendance Monday - Thursday at 16.00 - 20.00, Friday at 16 - 18.00 or via phone +45 86 19 36 01 or via email: info@thecolosseum.dk

**Other information:** We have bath facilities and a common room. Remember food and drinks for the mornings. Max 20 participants.

**Transportation:** All bus routes since we are located in the centre of Aarhus.

## CLIMBING

### CLIMBING SCHOOL 1

Learn how to climb as high as 16 metres on one of Denmark's tallest climbing walls.

**School years:** Primary to secondary school ages 6 - 14

**Organiser:** DGI Huset Aarhus (Danish Sports Association)

**Place:** Værkmestergade 17, 8000 Aarhus C

**Date:** Week 27: 3 - 7 July

Week 28: 10 - 14 July

Week 30: 24 - 28 July

Week 31: 31 July - 4 August

**Weekday:** Monday - Friday

**Time:** 9.00 - 12.00

**Sign-up from:** 14 June at 11

**Sign-up via:** Enrolment ONLY via the DGI booking system, you will find the link at [www.dgi-huset.dk](http://www.dgi-huset.dk). We accept no bookings or enrolments via telephone, email or personal applications.

**Other information:** Meals are not included in the activity.

**Transportation:** All local bus routes can be used.

### CLIMBING SCHOOL 2

Learn how to climb as high as 16 metres on one of Denmark's tallest climbing walls.

**School years:** Primary to secondary school ages 6 - 14

**Organiser:** DGI Huset Aarhus (Danish Sports Association)

**Place:** Værkmestergade 17, 8000 Aarhus C

**Date:** Week 27: 3 - 7 July

Week 28: 10 - 14 July

Week 30: 24 - 28 July

Week 31: 31 July - 4 August

**Weekday:** Monday - Friday

**Time:** 13.00 - 16.00

**Sign-up from:** 15 June at 11

**Sign-up via:** Enrolment ONLY via the DGI booking system, you will find the link at [www.dgi-huset.dk](http://www.dgi-huset.dk). We accept no bookings or enrolments via telephone, email or personal applications.

**Other information:** Meals are not included in the activity.

**Transportation:** All local bus routes can be used.

## CREATIVITY

### DIGITAL PLAY AT DOKK1 (MAIN LIBRARY)

Three exciting days at Aarhus Main Library, Dokk1, where we get to play with various digital technologies.

Try building and programming LEGO robots, make stop motion movies, examine tiny things and animals using digital microscopes, making robot-doodle-art and building little machines powered by solar cells.

**School years:** Primary school ages 6 - 9

# Vil du i gang med en fritidsaktivitet?

Der er mange muligheder for at få en sjov og aktiv fritid. Har du brug for hjælp til at komme i gang?

Foreningsmentor hjælper dig med at finde den helt rigtige aktivitet  
Læs mere på [foreningsmentor.dk](http://foreningsmentor.dk)



**Organiser:** Aarhus Hovedbibliotek (main library), Dokk1  
**Place:** Hack Kampmanns Plads 2, 8000 Aarhus C  
**Date:** 3 - 5 July  
**Weekday:** Monday - Wednesday  
**Time:** 9.00 - 13.00  
**Sign-up from:** 9 June at 10.00  
**Sign-up via:** Book tickets here: [pretix.eu/aakb/jvw39/](https://pretix.eu/aakb/jvw39/)  
**Other information:** Tickets are awarded by the first come, first served principle and your enrolment is for all three days. Participants are asked to bring their own packed lunch.  
We meet on Monday 3 July at 9 AM at the Scenetrappen (stage stairs) in the children's library, Dokk1.  
**Transportation:** Letbanen (light rail) takes you straight there.

## VR FUN AT DOKK1

Explore a virtual world of fun and creative opportunities when we test, play and game using Virtual Reality goggles at Dokk1 (central Aarhus).

**School years:** Primary to secondary school ages 10 - 13  
**Organiser:** Aarhus Hovedbibliotek (main library), Dokk1  
**Place:** Hack Kampmanns Plads 2, 8000 Aarhus C  
**Date:** Friday 7 July  
Friday 14 July  
Friday 21 July  
Friday 28 July

**Weekday:** Friday  
**Time:** 10.00 - 12.00  
**Sign-up from:** 9 June at 10.00  
**Sign-up via:**

Friday 7 July <https://pretix.eu/aakb/40399/>  
Friday 14 July <https://pretix.eu/aakb/40400/>  
Friday 21 July <https://pretix.eu/aakb/40401/>  
Friday 28 July <https://pretix.eu/aakb/40402/>

**Other information:** Tickets are awarded by the first come, first served principle and your enrolment is for one day. Participants are asked to bring their own packed lunch. The building has a café. We meet at 10 AM by Æsken (indoor area) in the children's library, Dokk1.  
**Transportation:** Letbanen (light rail) takes you straight there.

# ART (ART, DRAW, PAINT)

## DRAW AND PAINT IN DEN GAMLE BY (LIVING MUSEUM)

Do you like to draw and paint? Den Gamle By (living museum) is packed to the rafters with beautiful motifs and exciting historical houses and things that are fun to draw and paint. Two teachers help you throughout this week long course with techniques and materials to ensure you take away some beautiful images. The event takes place from Monday to Friday, every day from 10 -14 It is NOT possible to enrol for individual days. On Friday, we make an exhibition using all the participants' images.

**School years:** Primary - secondary school ages 7 - 15  
**Organiser:** Undervisningsteamet (education team), Den Gamle By  
**Place:** Den Gamle By, Viborgevej 2, 8000 Aarhus C  
**Duration:** Week 26: 26 - 30 June  
Week 27: 3 - 7 July  
Week 32: 7 - 11 August

**Weekday:** One week course (Monday-Friday)  
**Time:** 10.00 - 14.00

**Sign-up from:** 9 June at 8 AM

**Sign-up via:** [www.dengambleby.dk/aktiv-sommerferie](http://www.dengambleby.dk/aktiv-sommerferie)

**Other information:** The course spans Monday through Friday. We expect the child to participate all four days. Meals are not provided, so remember a packed lunch and beverages.

Max. 24 participants. If too many enrol, we will draw lots. EVERYONE will be informed as soon as possible after the enrolment deadline.

**Transportation:** Bus no 3a, 14, 4a, 11, (5a)

## EXPERIMENTAL ART - RECYCLING

The theme Experimental Art – Recycling is the header when we explore our brand-new museum and find inspiration in the museum's artists. Especially Overtaci was a master of thinking outside the box and recycling materials using imaginative and fun techniques.

**School years:** Primary school (ages: 8 - 10)  
**Organiser:** Museum Overtaci  
**Place:** Museum Overtaci Børn & Unge Atelier, Olof Palmes Allé 11, 8200 Aarhus N  
**Duration:** 26, 27, 28 June  
**Weekday:** Monday, Tuesday and Wednesday  
**Time:** 10.00 - 14.00  
**Sign-up from:** 12 June  
**Sign-up via:** [boern@ovartaci.dk](mailto:boern@ovartaci.dk)  
**Other information:** Bring practical clothes and a packed lunch.  
**Transportation:** Letbanen (light rail), bus no. 6a.

## DOKK1'S VISUAL ARTS SCHOOL

Do you love drawing and painting? This is your chance to join Dokk1's visual arts school this summer. We offer various activities including sketching, painting and a communal artwork which will be on display at Dokk1 during the summer holiday.

**School years:** Primary to secondary school ages 9 - 12  
**Organiser:** Aarhus Hovedbibliotek (main library), Dokk1  
**Place:** Hack Kampmanns Plads 2, 8000 Aarhus C  
**Date:** 10 - 13 July (including both dates)  
**Weekday:** Monday - Thursday  
**Time:** 10.00 - 14.00  
**Sign-up from:** 9 June at 10.00

**Sign-up via:** Book tickets here: <https://pretix.eu/aakb/40404/>

**Other information:** Tickets are awarded by the first come, first served principle and your enrolment is for all four days. Participants are asked to bring their own packed lunch. The building has a café.  
We meet at 10 AM at Børnelab (creative room) in the children's library, Dokk1.  
**Transportation:** Letbanen (light rail) takes you straight there.

## WORDS AND IMAGE COLLAGE

Together we explore a world of words and images using scissors, glue and lots of old books and magazines. We create fun texts and funky motifs which we will play with and put together in ways you have never seen before. During the week, we create little works of art that we exhibit at the end of the course and you get to take home with you.

**School years:** Primary to secondary school ages 10 - 15  
**Organiser:** Aarhus Billed-og Medieskole (art and media school)  
**Place:** Forfatterrum 209 & galleri 215, Aarhus Billed- og Medieskole, Brobjergskolen Valdemarsgade 1, 8000 Aarhus C  
**Duration:** 26 - 29 June  
**Weekday:** Monday - Thursday  
**Time:** 10.00 - 14.00  
**Sign-up from:** 9 June  
**Sign-up via:** [admin@aaboms.dk](mailto:admin@aaboms.dk)

**Other information:** We draw lots for the places. Enrol just one child per email. Max. 24 participants to be divided into two groups of 12 each.

**Transportation:** Most buses and Letbanen (light rail) will take you straight there.

## DRAW AND PRINT

In this workshop, we focus on drawing and printing various motifs using shapes of nature. We will gather and draw natural objects and then transfer them to printing plates. During the week, we test various graphic printing methods.

**School years:** Primary to secondary school ages 8 - 15  
**Organiser:** Aarhus Billed-og Medieskole  
**Place:** Atelieret (studio), 3 floor, Aarhus Billed- og Medieskole, Brobjergskolen, Valdemarsgade 1E, 8000 Aarhus C  
**Date:** 26 - 29 June  
**Weekday:** Monday - Thursday

**Time:** 10.00 - 14.00  
**Sign-up from:** 9 June  
**Sign-up via:** Enrol no later than 15 June at 8 PM via email: [admin@aaboms.dk](mailto:admin@aaboms.dk)  
**Other information:** We draw lots for the places. Enrol just one child per email.  
**Transportation:** Most buses and Letbanen (light rail) will take you straight there.

## DRAWING WORKSHOP

Using the theme 'FREE' we will attempt to liberate and limit the drawing and the artist. We experiment with physical trip ups and different ways of drawing. Using imagination and play, we investigate what a free drawing is and if it even exists. We will also be drawing al fresco.

**School years:** Primary to secondary school ages 8 - 15  
**Organiser:** Aarhus Billed-og Medieskole (art and media school)  
**Place:** Tegneserierum (comics room) 3. sal, Aarhus Billed- og Medieskole, Brobjergskolen Valdemarsgade 1, 8000 Aarhus C  
**Duration:** 26 - 29 June  
**Weekday:** Monday - Thursday  
**Time:** 10.00 - 14.00  
**Sign-up from:** 9 June  
**Sign-up via:** Enrol no later than 15 June at 8 PM via email: [admin@aaboms.dk](mailto:admin@aaboms.dk)  
**Other information:** We draw lots for the places. Enrol just one child per email.  
**Transportation:** Most buses and Letbanen (light rail) will take you straight there.

# AT SEA

## SAILING AND BEACH ACTIVITIES

Teams of 4-6 sail scout boats with sails, fishing, bonfire, games and maybe swimming in a life jacket.

**School years:** Primary to secondary school (ages 10-13)  
**Organiser:** Stifinderne Sø, Sea Scouts of Det Danske Spejderkorps  
**Place:** Marselisborg Havnevej 100 A, 8000 Aarhus C  
**Date:** 3 - 7 July  
**Weekday:** Monday - Friday  
**Time:** 10.00 - 15.00  
**Sign-up from:** 9 June at 18.30  
**Sign-up via:** [www.stifinderne.dk/sommer](http://www.stifinderne.dk/sommer)

**Other information:** We expect that you are keen on sailing. No meals. In case of

a surplus of enrolments, participants are selected based on the date and time of the application, as well as an even distribution of ages and genders.  
**Transportation:** To Tangkrogen / Marselisborg Havn

## SAIL AN OPTIMIST DINGHY

Get ready to learn how to sail an optimist dinghy, and there will be other aquatic activities as well.

You will be trained by our own coaches who are used to working with children aged 7 - 15.

The only prerequisite we ask of you is the desire to learn how to sail and that you enjoy water activities.

You don't have to bring any special equipment, just a positive attitude.

We will provide all necessary equipment.

**School years:** Primary school - advanced level ages 8 - 17  
**Organiser:** Kaløvig Bådelag  
**Place:** Århus Internationale Aquatics Centre - Esther Aggebos Gade 80A, 8000 Aarhus C  
**Duration:** 3 - 7 July  
**Weekday:** Monday - Friday  
**Time:** 9.00 - 16.00  
**Sign-up from:** 9 June  
**Sign-up via:** [kbloptimist@gmail.com](mailto:kbloptimist@gmail.com)

**Other information:** Enrolment based on the principle of first come, first served. Bring a packed lunch and beverages for the day. Max. 30 participants.

**Transportation:** Bus no 23

## SAIL AN OPTIMIST DINGHY

Get ready to learn how to sail an optimist dinghy, and there will be other aquatic activities as well.

You will be trained by our own coaches who are used to working with children aged 7 - 15.

The only prerequisite we ask of you is the desire to learn how to sail and that you enjoy water activities.

You don't have to bring any special equipment, just a positive attitude.

We will provide all necessary equipment.

**School years:** Primary school - advanced level ages 8 - 17

**Organiser:** Kaløvig Bådelaug (boat association)

**Place:** Åstrup Strandvej 68A, 8541 Skødstrup

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 9.00 - 16.00

**Sign-up from:** 9 June

**Sign-up via:** kbloptimist@gmail.com

**Other information:** Enrolment based on the principle of first come, first served. Bring a packed lunch and beverages for the day. Max. 30 participants.

**Transportation:** Bus no 17

## SPLASHING SUMMER SCHOOL

Come to the Aarhus Watersports Complex and learn how to master the wake board, SUP or water ski

Summer is best enjoyed at Aarhus Watersports Complex where perky volunteers are ready to ensure surfer vibes and Hawaiian feelings!

The summer school is for everyone! Experienced or rookie, we make sure that you have a fun time. Once you have finished the summer school, the goal is that you know how to wake board, water ski and SUP - Maybe you will even leave with a couple of cool tricks up your sleeve, no matter what, we promise that you will leave with an unforgettable experience and a big smile on your face!

**School years:** Secondary school (ages 12 - 16)

**Organiser:** Aarhus Watersports Complex

**Place:** Irma Pedersens Gade 2d, 8000 Aarhus C

**Date:** Week 28: 10 - 14 July

Week 29: 17-21 July

Week 30: 24 - 28 July

**Weekday:** Monday - Friday

**Time:** 8.00 - 13.30

**Sign-up from:** 9 June at 9.00

**Sign-up via:** info@aarhuswake.dk

Please include the following information:

- Full name

- Gender

- Age and school level

- The desired week (28, 29 or 30)

Applicants who fail to include the above information will not be considered for a spot.

**Other information:** Enrolment follows the principle of first come, first served. However, children and teens who have not tried this course before will have first claim. Beware the enrolment opens on 9 June at 9.00. Applications received before this time and date will not be taken into consideration.

Remember a packed lunch and beverages.

**Transportation:** Get on Letbanen (light rail) bound for Østbanetorvet, from here it is a 5 minute walk to reach the AWC.

## ROLE PLAY

### TIME TRAVELLING IN DEN GAMLE BY (LIVING MUSEUM)

Do you want try living like a kid in Denmark 160 years ago? In this role-play, every day you travel back to life as a kid in 1864.

Everyone is dressed in historical costumes and you have to go to work, school and play in Den Gamle By, just like the kids did back then.

The event takes place from Monday to Friday, every day from 10-15. It is NOT possible to enrol for individual days.

**School years:** Primary to secondary school ages 9 - 13

**Organiser:** Undervisningsteamet (education team), Den Gamle By

**Place:** Den Gamle By, Viborgvej 2, 8000 Aarhus C

**Duration:** Week 26: 26 - 30 June

Week 27: 3 - 7 July

Week 31: 31 July - 4 August

Week 32: 7 - 11 August

**Weekday:** One week course (Monday-Friday)

**Time:** 10.00 - 15.00

**Sign-up from:** 9 June at 8 AM

**Sign-up via:** www.dengambleby.dk/aktiv-sommerferie

**Other information:** The course spans Monday through Friday. We expect the child to participate all four days.

Meals are not provided, so remember a packed lunch and beverages.

Max. 24 participants.

If too many enrol, we will draw lots.

EVERYONE will be informed as soon as possible after the enrolment deadline.

**Transportation:** Bus no 3a, 14, 4a, 11, (5a)

## SONG & THEATRE

### THEATRE (AGES 5 - 8)

Do you want to be on stage? Together, we create games and theatre exercises, work on characters and roles, and co-create a theatre play that we present on Friday for a specially invited audience.

**School years:** Primary school ages 5 - 8

**Organiser:** Teaterhuset Filuren (theatre and dance school)

**Place:** Brobjergskolen, Valdemarsgade 1, 8000 Aarhus C

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 13.00 - 15.00

**Sign-up from:** Enrolment opens 9 June at 8 o'clock. 13 June we draw lots for the places and then you receive an email about whether you have a spot or are on our waiting list.

**Sign-up via:** <https://filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger>

**Other information:** Once the courses are filled, you will receive an email about meals, clothing and other practicalities.

**Transportation:** Brobjergskolen is located near Park Allé and the central railway station.

### THEATRE (AGES 8 - 13)

Do you want to be on stage? Together, we create games and theatre exercises, work on characters and roles, and co-create a theatre play that we present on Friday for a specially invited audience.

**School years:** Primary to secondary school ages 8 - 13

**Organiser:** Teaterhuset Filuren (theatre and dance school)

**Place:** Brobjergskolen, Valdemarsgade 1, 8000 Aarhus C

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 9.00 - 12.00

**Sign-up from:** Enrolment opens 9 June at 8 o'clock. 13 June we draw lots for the places and then you receive an email about whether you have a spot or are on our waiting list.

**Sign-up via:** <https://filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger>

**Other information:** Once the courses are filled, you will receive an email about meals, clothing and other practicalities.

**Transportation:** Brobjergskolen is located near Park Allé and the central railway station.

### THEATRE (AGES 12 - 15)

Do you want to be on stage? Together, we create games and theatre exercises, work on characters and roles, and co-create a theatre play that we present on Friday for a specially invited audience.

**School years:** Secondary school ages 12 - 15

**Organiser:** Teaterhuset Filuren (theatre and dance school)

**Place:** Brobjergskolen, Valdemarsgade 1, 8000 Aarhus C

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 10.00 - 15.00

**Sign-up from:** Enrolment opens 9 June at 8 o'clock. 13 June

we draw lots for the places and then you receive an email about whether you have a spot or are on our waiting list.

**Sign-up via:** [filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger](mailto:filuren.dk/kulturskolen-for-teater-og-dans/tilmeldinger)

**Other information:** Once the courses are filled, you will receive an email about meals, clothing and other practicalities.

**Transportation:** Brobjergskolen is located near Park Allé and the central railway station.

## IS THEATRE IN YOUR BLOOD?

Do you want to join other young people on stage in Aarhus?

We co-create a physical performance set on the cruise ship TeenCruise.

TeenCruise ventures to all imaginable and unimaginable destinations, such as the Isle of Solitude, Hormone Shore etc. And we all go on an exciting and perilous voyage in the teen univers.

Expect splashes of laughter, strong gales and towering waves. The final performance is shown to a select audience on Friday 30 June.

**School years:** Secondary school (ages 12 - 15)

**Organiser:** Aarhus Teater (Learning)

**Place:** Stiklingen at Aarhus Teater, Teatergaden, 8000 Aarhus C

**Duration:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** Monday - Thursday at 9.00 - 13.00 and Friday at 9.00 - 15.00

**Sign-up from:** 9 - 13 June

**Sign-up via:** [www.aarhusteater.dk/sommerskole](http://www.aarhusteater.dk/sommerskole)

**Other information:** We draw lots for the places. Everyone will be informed as soon as possible. We meet on the stairs in front of Aarhus Theatre Monday 26 June at 9.00.

Remember a water bottle and packed lunch as well as clothes that allow you to move.

**Transportation:** The nearest bus stop to Aarhus Teater is at Dokk1, Busgaden or Klostertrø.

## CHOIR FOR ALL CHILDREN WHO LOVE TO SING

Children's choir for all boys and girls who like to sing and want to exercise their voices this summer. We sing and use our voices in the best possible way, where body and voice unite in song and movement.

The day's activities include choir practice and creative features. We build a fire, bake twist bread and pancakes, play games, paint and much more.

**School years:** Primary school ages 5 - 10

**Organiser:** Børne- og ungdomsarbejdet i Helligåndskirken (children's and youth work - church)

**Place:** Helligåndskirken (church of the Holy Spirit), Torpevænget 1, 8210 Aarhus V

**Duration:** 9 - 11 August

**Weekday:** Wednesday - Friday

**Time:** 9.00 - 14.30

**Sign-up from:** 9 - 18 June

**Sign-up via:** Enrolment at [kontor@helligandskirken.dk](mailto:kontor@helligandskirken.dk)

**Other information:** The children must bring a packed lunch, but will be served a snack midmorning and refreshments in the afternoon.

**Transportation:** Bus no 2a

## HAPPY READING

### READING CAMP AT DOKK1

Reading camp at Dokk1 is for anyone who wants to curl up with a good book, meet other readers and participate in creative activities!

As part of the summer holiday activities, you can spend three days with great books, lots of chatting and Danish 'hygge'. Every day involves a common activity.

**School years:** Secondary school ages 12 - 14

**Organiser:** Aarhus Hovedbibliotek (main library), Dokk1

**Place:** Hack Kampmanns Plads 2, 8000 Aarhus C

**Date:** 27 - 29 July (including both dates)

**Weekday:** Tuesday - Thursday

**Time:** 9.00 - 13.00

**Sign-up from:** 9 June at 10.00

**Sign-up via:** Book tickets here: <https://pretix.eu/aakb/40405/>

**Other information:** Tickets are awarded by the first come, first served principle and your enrolment is for all three days.

Participants are asked to bring their own packed lunch. The building has a café. We meet at 9 AM by Æsken (indoor area) in the children's library, Dokk1.

**Transportation:** Letbanen (light rail) takes you straight there

## WRITER'S WORKSHOP

### ASPIRING AUTHORS: NATURE IN LITERATURE

Have you already started writing your own texts, comic books or poetry? Maybe you love to write, but you want to improve – or maybe you are wondering if it would be fun to be an author? This week we will visit the garden, Hørhaven, and find inspiration in nature's elements (e.g. fire and water), explore the world and practice putting it into words. We will also work with creative writing, feedback sessions and journey into the artistic mind using mindfulness. Embrace nature and let your inner author grow. All of texts will become part of an anthology and to celebrate the participants and their texts we throw a reception complete with readings. Join us if...

- You want to become a even better writer.
- You enjoy being outside and in nature.
- You want to meet new summer holiday friends.

**School years:** Secondary school (ages 11 - 13)

**Organiser:** Viby Bibliotek

**Place:** Skanderborgvej 170, 8260 Viby J

**Duration:** 27 - 30 June (incl. reception on 1 July)

**Weekday:** Tuesday - Friday

**Time:** 9.30 - 13.30

**Sign-up from:** 9 June

**Sign-up via:** [pmni@aarhus.dk](mailto:pmni@aarhus.dk)

**Other information:** You enrol for all four days.

Max. 12 participants. We provide a morning snack and beverages. Bring your own packed lunch.

Note down in your enrolment if you are able to bring your own laptop.

**Transportation:** Bus no. 1a, 4a, 6a, 11, 14, 200

## SWIMMING

### OPEN SWIMMING, FREE PLAY AND WATER ACTIVITIES WITH GREAT MUSIC

We fill up the swimming pool with fun mattresses, plates, flippers and much more that makes it fun to swim and play in the water. There are lifeguards present to help the children and keep an eye on safety. Great fun for children aged 6 - 16.

**School years:** Primary school - advanced levels ages 5 - 16

**Organiser:** Lystrup Svømning (swimming club)

**Place:** Lystrup Svømmehal, Lystrupvej 256, 8520 Lystrup / School/The swimming pool can also be accessed from Lystrup Centervej 47B, 8520 Lystrup

**Date:** 26 - 30 June

**Weekday:** Monday - Friday

**Time:** 14.30 - 18.30

**Sign-up from:** No enrolment, just show up.

**Sign-up via:** Personal attendance

**Other information:** Floatation devices, swim belts and flippers are available.

You are not allowed to bring your own floatation devices and inflatable water toys. You have access to plenty of fun play things for the water.

The pool is only open to children and teens within the age limit. Parents and other guests are welcome to wait on the balcony.

**Transportation:** Bus no. 18, 16. Letbanen (light rail) goes to Lystrup, from there it is a 10 - 15 minute walk to the public swimming pool.

## NATURE BOUND

### ORIENTEERING

By means of little exercises and running in the woods, we learn to use a map and compass to find our way in the woods in Aarhus. Bring practical and comfortable clothes that are easy to clean.

**School years:** Primary to secondary school (ages 8 - 14)

**Organiser:** Orienteringsklubben Pan (orienteering club)

**Place:** Silistria, Ørneredevej 15, 8270 Højbjerg

**Date:** 7 - 11 August

**Weekday:** Monday - Friday

**Time:** 9.30 - 14.00

**Sign-up from:** 9 June

**Sign-up via:** [jmfinderup@hotmail.com](mailto:jmfinderup@hotmail.com)

**Other information:** Bring a packed lunch. Enrolment is limited to the first 50 applications (4 teams of 12 distributed by age and ability)

**Transportation:** Bus no 18

### SUMMER CAMP WITHOUT HOMESICKNESS

Do you want to try out all the fun and exciting experiences the Danish Scout Corps (FDF) offers? You should join us for three days at FDF Fredensvang, where we go layer cake running, sing and play, build a camp fire and who knows, we might even make our own kiosk? Prepare for three days of activities and fun - we can't wait to meet you!

**School years:** Primary school ages 5 - 7

**Organiser:** FDF Fredensvang

**Place:** Fredenskirken, Rosenvangs Allé 51, 8260 Viby J

**Duration:** 7 - 9 August

**Weekday:** Monday, Tuesday and Wednesday

**Time:** 9.00 - 15.00

**Sign-up from:** 9 June at 9.00

**Sign-up via:** [line-ovesen@hotmail.com](mailto:line-ovesen@hotmail.com)

**Other information:** We will be trying out several activities that we have done in the past, so if you have joined us before, you might know some of them already.

We will draw lots among all those enrolled, which is to say this is NOT first come, first served. If you want to go with a friend, siblings or others, enrol in the same email, it is likely we cannot fit all those interested and we draw lots among all enrolments.

If you are enrolled together, either you all get a spot or you are all passed over. Please include the name of the child/children, which school they attend and which year they are in. We aim to respond to everyone regardless of the result, and we will be giving out spots after the enrolment deadline on 16 June.

REMEMBER to dress according to the weather and bring your own water bottle. A fridge is available

**Transportation:** Bus no. 11, 13, 16, 18 and 2A stop right outside the church

## KNOW THIS ...

### CAMP #1: ROBOTS - CAN WE MAKE THEM OURSELVES?

At this camp, you get to build and programme your own robot. You do not need any advance knowledge of robots and programming. Everything you need, you will learn along the way. Alongside other teens your age who share your interest in engineering and science, you get the machines to do your bidding. We are going to work with different materials, powerful engines, electronics and much more. - Bring your own computer.

**School years:** Secondary school ages 14 - 17

**Organiser:** AARHUS GYMNASIUM (high school), Aarhus C

**Place:** Dollerupvej 2, 8000 Aarhus C

**Duration:** 26 June 2023

**Weekday:** Monday

**Time:** 9.00 - 15.00

**Sign-up from:** no later than 19 June

**Sign-up via:** [www.aarhusgym.dk/summercamp/](http://www.aarhusgym.dk/summercamp/)

**Other information:** Participation is free of charge and we

provide lunch and a bottle of water.

### CAMP #2: BIOLOGIST FOR A DAY

Come and see what a modern biologist does in a lab. The day grants you access to advanced bio-tech equipment and a chance to get into the field (nature). Check out if a career in natural science and figure out what biotechnology can be used for in medical science, climate research, agriculture and much more.

**School years:** Secondary school ages 14 - 17

**Organiser:** AARHUS GYMNASIUM (high school), Tilst

**Place:** Kileparken 25, 8381 Tilst

**Date:** 26 June 2023

**Weekday:** Monday

**Time:** 9.00 - 15.00

**Sign-up from:** no later than 19 June

**Sign-up via:** [www.aarhusgym.dk/summercamp/](http://www.aarhusgym.dk/summercamp/)

**Other information:** Participation is free of charge and we provide lunch and a bottle of water.

### CAMP #2: BIOLOGIST FOR A DAY

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**School years:** Secondary school ages 14 - 17

**Organiser:** AARHUS GYMNASIUM (high school), Viby J

**Place:** Hasselager Allé 10, 8260 Viby J

**Date:** 26 June 2023

**Weekday:** Monday

**Time:** 9.00 - 15.00

**Sign-up from:** no later than 19 June

**Sign-up via:** [www.aarhusgym.dk/summercamp](http://www.aarhusgym.dk/summercamp/)

**Other information:** Participation is free of charge and we provide lunch and a bottle of water.

## KNOW THIS... (LANGUAGE)

### CAMP #3: SPANISH

¡Hola! Learn your very first sentences in Spanish and get to know Spain. We work to understand the country's culture and be able to manage linguistically in specific situations. This includes ordering food in a restaurant, greeting people, buying ice cream and getting directions. We focus on verbal skills.

**School years:** Secondary school ages 14 - 17

**Organiser:** AARHUS GYMNASIUM (high school), Tilst

**Place:** Kileparken 25, 8381 Tilst

**Date:** 26 June 2023

**Weekday:** Monday

**Time:** 9.00 - 15.00

**Sign-up from:** no later than 19 June

**Sign-up via:** [www.aarhusgym.dk/summercamp/](http://www.aarhusgym.dk/summercamp/)

**Other information:** Participation is free of charge and we provide lunch and a bottle of water.

3 kæmpe  
nyheder!

# DINOSAURLAND

25 DINOSAURER OG 6 FORLYSTELSER

## Danmarks vildeste Dinosaurland

Nu endnu større

Nye, vildt sjove eventyr venter i Dinosaurland. Sus frem og tilbage på ryggen af et kæmpe dinosaurskelet med 70 km/t i SpinOsaurus - Danmarks eneste Disk'o Coaster. Og giv den fuld gas i Motorbike Derby, når I flyver gennem hårnålesving. Skal knoglerne have en rystetur, så hop i Fossilvaskeren, og bliv snurret godt igennem.

Glæd jer også til Danmarks bedste rutschebaner, det kæmpestore Vandland og over 60 sjove forlystelser for både små og store legebørn.

[www.djurssommerland.dk](http://www.djurssommerland.dk)

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